

Arkansas City Middle School



Form D

Activity: Track Meet

Teams: Mulvane / Rose Hill / Wellington

Date of Activity: Monday, April 12, 2021

Start Time: Coaches Meeting - 2:45 PM - For scratches or Substitutions only. No additions.
Field Events, 8th 3200m & 7th 1600 m Run - 3:30 PM
All Other Track Events - 4:30 PM (see Order of Events) There will be NO prelims.

Location: Arkansas City High School District Stadium
1200 W. Radio Lane
Arkansas City, KS 67005

Entries: All entries must be submitted through Direct Athletics. Your entries must be submitted prior To Friday, April 9th, by 6:00 pm

Buses: Please unload buses at the gates of the stadium and Park buses at the south end of the parking lot.

Dressing Rooms: No locker available to teams. Restrooms are located At the south end of the stadium. Each team is Responsible for their own valuables.

Concession Stand: There will be a concession stand at the south end of The stadium

Spectators: There will be no admission charge. Spectators Should social distance.

Contact Information: Cathy Vaughn, Activities Director
620-441-2030

Head Coach: Andrae Harper- andrae.harper@usd470.com

Facilities:

1. Our track and runway surfaces are rubberized. Spikes should be no longer than $\frac{1}{4}$ ".
2. The shot put and discus rings are concrete.
3. Athletes will not be allowed to sit on turf areas of the field. Please set up your team camp in the bleachers, not on the field.

Other Guidelines:

1. Athletes may be entered in four events. Each school will be allowed four entries per division. Two relay entries per school for each division.
2. All scratches and changes will be made by the coaches. No additions or substitutions will be allowed after the coaches meeting.

- 3. All athletes in the throwing and horizontal jumping events will be given 4 attempts, with no preliminaries.**
- 4. All running events will be run as finals against time.**
- 5. One false start will be charged to the field. The second false start will disqualify the runner.**
- 6. All athletes in throwing and horizontal jumping events will be given four attempts, and they will be run as finals with no prelims.**